How do keep your promise?

"I do what I say I will do."

Joshua 24:15b (NIV):

"...As for me and my household, we will serve the Lord."

Main Points Each Week:

<u>Lesson 1: Sep. 9-14</u> *"I meet Stella and Chubbleton"*

<u>Lesson 2: Sep. 16-21</u> *"It is important to keep my promise!"*

<u>Lesson 3: Sep. 23-28</u> "God always keeps His promises."

<u>Lesson 4: Sep. 30-Oct. 5</u> "Stella makes a promise to Mr. Mark"

<u>Lesson 5: Oct. 7-12</u> *"It is important to remember the promise I made."*

<u>Lesson 6: Oct. 14-19</u> *"I practice remembering my promises."*

<u>Lesson 7: Oct. 21-26</u> "Stella makes a promise to her friend."

<u>Lesson 8: Oct. 28-Nov. 2</u> "I should keep my promises even if I don't feel like it."

<u>Lesson 9: Nov. 4-9</u> *"I practice keeping my promises even if it is hard."*

Lesson 10: Nov. 11-16 "Stella learns about Joshua's promise."

<u>Lesson 11: Nov. 18-23</u> "I think about promises that will make God happy."

(Closed Nov. 27-30; M-T get two week 12's)

<u>Lesson 12: Nov. 25-Dec. 2</u> *"I make a promise about how I will serve the Lord."*

Week 1: Sep. 9-14 "I meet Stella and Chubbleton."

Declaration	Verse:	
	Joshua 24:15	
"How do you keep your promise?"	"As for me and my household,	
"I do what I say I will do"	we will serve the Lord"	

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Bring students to character training area and introduce everyone to "Chubbleton" (gray stuffed cat)
- 2. "We are going to listen to a story today about the girl who lives with Chubbleton. Her name is Stella!"
- 3. Listen to "Stella at Home". (Show kids the pictures that go with the story as it plays.)
- 4. "Every week this fall, one person will get a turn to take care of Chubbleton during class. If you are the one taking care of Chubbleton, you get to carry him to each event and give him a place to sit and watch us while we do gymnastics!"
- 5. Choose one student to take care of Chubbleton, give them the gray stuffed cat, and lead your group to their first event.
- 6. (Begin teaching the verse and sign language during your ending 5 minutes of character training today)

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Follow steps 1-3 from the above section.
- 2. "What did Stella tell her dad she was going to do?" (She told him she would feed Chubbleton)
- 3. Ask students "What is a promise?" (When you tell someone you are going to do something, and you mean it!)
- 4. Teach the new declaration and bible verse with sign language to your students.
- 5. "Every week this fall, one person will get a turn to take care of Chubbleton during class. If you are the one taking care of Chubbleton, you get to carry him to each event and give him a place to sit and watch us while we do gymnastics!"
- 6. Choose one student to take care of Chubbleton, give them the gray stuffed cat, and lead your group to their first event.

Week 1 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 2: Sep 16-21 "It is important to keep my promise!"

Declaration	Verse:	
	Joshua 24:15	
"How do you keep your promise?"	"As for me and my household,	
"I do what I say I will do"	we will serve the Lord"	

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Bring students to character training area and let everyone say hello to "Chubbleton" and pet him.
- 2. Practice the declaration and verse with sign language.
- 3. "What happened last week in our story about Stella and Chubbleton?" (Stella told her dad that she would feed Chubbleton after breakfast, but then Stella started playing with her toys and forgot. Chubbleton got hungry and mad, and her mom had to remind her to do what she told her dad she would do.)
- 4. "Who will take good care of Chubbleton today during class?" (All the kids will raise their hands!!)
- 5. "Every one of you will get a chance to take care of Chubbleton. It will be someone different each week!
 _______, will you take care of Chubbleton today?" (The child will say yes! Explain to them that is a promise that you expect them to keep, and review how they must carry Chubbleton to each event and then give him a place to sit and not touch him again until the event is over.)

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-3 from the above section.
- 2. Ask students "Did Stella make a promise to her dad?" (Yes when she told her dad that she would feed Chubbleton, she meant what she said and her dad trusted her with that job. She made a promise to him.)
- 3. "Why is it important to keep your promises?" (When you tell someone that you will do something, they are counting on you to do it. When you do what you say you will do, they learn that they can trust you.)
- 4. "If you tell someone you will do something, but then you **don't** do it, will that person be able to trust you next time?" (No they might not believe that you are going to do what you say since you let them down the last time.)
- 5. Carry out steps 4-5 from the above section.

Week 2 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 3: Sep 23-28 "God always keeps His promises."

Declaration	Verse:
	Joshua 24:15
"How do you keep your promise?"	"As for me and my household,
"I do what I say I will do"	we will serve the Lord"

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Bring students to character training area and let everyone say hello to "Chubbleton" and pet him.
- 2. Practice the declaration and verse with sign language.
- 3. "Does anyone have a pet at home that you help to take care of?" (Let kids take turns telling you about pets they have.)
- 4. "It is important for you to take care of your pets, because they can't take care of themselves! They are counting on YOU to feed them and give them water. This is like the way we count on GOD to take care of us. We can trust God to take care of us because He loves us and always keeps His promises."
- 5. "Remember everyone will get a chance to take care of Chubbleton. It will be someone different each week! _____, will you take care of Chubbleton today?" (Review with them that you expect them to keep their promise to take care of Chubbleton today, which means they will carry Chubbleton to each event and then give him a place to sit and not touch him again until the event is over.)

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-4 from the above section.
- 2. "The Bible tells us about a man named Noah. One day, God told Noah that He was going to send so much rain that the whole earth would be covered with water. God told Noah to build a huge boat, and to take his family on the boat along with two of every kind of animal so that they would not drown in the flood when it covered the earth. Noah obeyed God, and God did exactly what He said he sent rain that covered the entire earth. God took good care of Noah and the animals while they were on the big boat, and 40 days later the rain stopped. The water slowly went away so they could see dry land again. When they came out of the boat, God created a rainbow in the sky and told Noah it was the sign of a promise He was making to never again flood the entire earth and destroy all life. God has always kept his promise since then, and whenever we see a rainbow it reminds us that God keeps his promises!"
- 3. Carry out step 5 from the above section.

Week 3 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 4: Sep 30-Oct 5 "Stella makes a promise to Mr. Mark"

Declaration	Verse:
	Joshua 24:15
"How do you keep your promise?"	"As for me and my household,
"I do what I say I will do"	we will serve the Lord"

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Bring students to character training area and let everyone say hello to "Chubbleton" and pet him.
- 2. Practice the declaration and verse with sign language.
- 3. "We have a new story to listen to today about Stella at her gymnastics class!" (Listen to "Stella at Emeth", and show kids the pictures that go with the story as it plays.)
- 4. "Stella told Mr. Mark that she would give a message to Tia, and then she almost forgot to do what she said! But then she remembered, and kept her promise to Mr. Mark."
- 5. "When it is your turn to take care of Chubbleton, it might be hard for you to keep your promise to me that you will carry him to each event and then *not touch him again until the event is over*. But it is important to do what you say you will do! ______, will you take care of Chubbleton today?"

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-3 from the above section.
- 2. "What did Stella tell Mr. Mark that she would do?" (Stella told Mr. Mark that she would go and tell Tia that it was her turn to go next on bars where Mr. Mark was coaching.)
- 3. "What happened to Stella while she was on her way to give Tia the message?" (Bobby asked her to watch his jumps, and she stops to watch him. Then she started to go to her next station.)
- 4. "Sometimes it is very hard to keep your promise. It was hard for Stella, because Bobby distracted her by asking her to watch him, and then she laughed at his goofy faces and had to think about whether it was the right thing to join him on his station or not. She did a good job making the right choice and going over to *her* next station, but she almost forgot all about her promise to give Tia a message!"
- 5. Carry out step 5 from the above section.

Week 4 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 5: Oct 7-12 "It is important to remember the promise I made."

Declaration Verse: Joshua 24:15 "How do you keep your promise?" "I do what I say I will do" "Werse: Joshua 24:15 "...As for me and my household, we will serve the Lord"

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Bring students to character training area and let everyone say hello to "Chubbleton" and pet him.
- 2. Practice the declaration and verse with sign language.
- 3. "What happened last week in our story about Stella at her gymnastics class?" (Stella told Mr. Mark that she would give a message to Tia, but then Stella got distracted with what Bobby was saying to her and almost forgot! Then she remembered, and gave Tia the message. Mr. Mark was very happy with her!)
- 4. "Sometimes it is hard to remember directions. This is why we practice remembering directions every week here at gymnastics! If I tell you to go to the cheese mat, what should you do?" (I should go to the cheese mat!") "If I tell you to go to the Tumbl Trak, what should you do?" (I should go to Tumbl Trak!)
- 5. "When it is your turn to take care of Chubbleton, you are promising me that you will take him to each event and **not touch him again until the event is over**. So it is important that you <u>remember</u> not to touch him until the event is over! ______, will you take care of Chubbleton today?"

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-4 from the above section.
- 2. "The bible verse we are learning this season is a special promise that is being made to God. What does the verse say that we will do?" (The verse says that me and my household will serve the Lord.)
- 3. "What do you think it means to 'serve the Lord'?" (To serve the Lord means that I am going to listen to what God says, and do what He wants me to do.)
- 4. "God loves you very much, and God always keeps His promises just as we learned from the story of Noah. Does knowing this make you want to promise God that you will serve Him?" (Listen to answers, and point out again that our verse is a promise that we are making to God; Remind students again that God loves them very much!)
- 5. Carry out step 5 from the above section.

Week 5 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 6: Oct 14-19 "I practice remembering my promises"

Declaration	Verse:
	Joshua 24:15
"How do you keep your promise?"	"As for me and my household,
"I do what I say I will do"	we will serve the Lord"
-	

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. To save time for the game in step #2, do not pet Chubbleton or say the declaration and verse.
- 2. "Today we are going to practice remembering your promise, and doing what you said you would do. I am going to ask you if you will do something. If you are ready to do it, you need to say 'I will', and then keep your promise right away!"
 - a. Set Chubbleton in the middle of the circle.
 - b. Ask first child by name ", will you pet Chubbleton on his head?"
 - c. Direct the child to say "I will", and then have them get up and pet Chubbleton on the head.
 - d. Continue through the group: give each child a different direction, and direct them to say 'I will'.
 - e. Example directions:

,		••
i.	"	, will you pet Chubbleton on his <u>tail</u> ?"
ii.	"	, will you pet Chubbleton on his <u>back</u> ?"
iii.	"	, will you come step/jump over Chubbleton and then go back to your seat?
V.	<i>"</i>	, will you roll Chubbleton over onto his back?"
V.	<i></i>	, will you put Chubbleton back on his belly and make him turn to face me?"

3. Review how you want Chubbleton taken care of during class, choose a child, and ask if they will do it.

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-3 from the above section.
- 2. "The Bible tells us about a man named Abraham. One day, God made a special promise to Abraham. He took him outside to look at the night sky, and said 'Look up at the stars, Abraham. I promise that one day, you are going to have so many great-great-great grandchildren that they are going to be as many as all the stars you see!' This was a BIG promise that God made to Abraham but there was a problem! Abraham and his wife had no children. How could Abraham become a great-grandfather if he didn't have any children? But Abraham knew that God always keeps His promises. When Abraham and his wife were very old, God gave them a son named Isaac! Isaac had children, and then those children had more children, and many years after that, Abraham had so many great-great-great grandchildren that they were more than all the stars he saw. God kept his promise!"
- 3. Carry out step 4 from the above section.

Week 6 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 7: Oct 21-26 "Stella makes a promise to her friend."

Declaration	Verse:	
	Joshua 24:15	
"How do you keep your promise?"	"As for me and my household,	
"I do what I say I will do"	we will serve the Lord"	

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Bring students to character training area and let everyone say hello to "Chubbleton" and pet him.
- 2. Practice the declaration and verse with sign language.
- 3. "We are going to listen to a story today about Stella with her friend!" (*Listen to "Stella with Friends", and show kids the pictures that go with the story as it plays.*)
- 4. "Stella told Jessie that she would pull her in the wagon after Jessie pulled her, but then she didn't feel like it when it was her turn to pull Jessie. Stella learned that it is important to keep a promise you made to a friend, even if you don't feel like doing it!"
- 5. "Chubbleton is our special friend this season, and when it is your turn to take care of him, you need to promise that you will carry him to each event and then not touch him again until the event is over.
 ______, will you take care of Chubbleton today?"

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-3 from the above section.
- 2. "What did Stella promise Jessie that she would do for her?" (Stella promised that after Jessie pulled her in the wagon, she would take a turn to get out and pull Jessie in the wagon.)
- 3. When Jessie got tired of pulling Stella and asked for a turn to be pulled, what did Stella do? (Stella tried to leave and go play in the sandbox; She didn't feel like pulling Jessie in the wagon.)
- 4. "What did Jessie's mom say could happen to our friends if we break a promise to them? (Jessie's mom said that if we don't do something we promised, it hurts our friends' feelings and makes them sad.)
- 5. "Stella learned that it is important to keep a promise you made to a friend, even if you don't feel like doing it!"
- 6. Carry out step 5 from the above section.

Week 7 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 8: Oct 28-Nov 2 "I should keep my promises even if I don't feel like it."

Declaration	Verse:
	Joshua 24:15
"How do you keep your promise?"	"As for me and my household,
"I do what I say I will do"	we will serve the Lord"

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Bring students to character training area and play the "I will" game with Chubbleton, as explained in the Week 6 lesson.
- 2. Practice the declaration and verse with sign language.
- 3. "What happened last week in our story about Stella and her friend Jessie?" (Stella promised Jessie that she would take a turn pulling her in the wagon after Jessie pulled Stella, but then Stella didn't feel like pulling Jessie. Stella almost broke her promise, but Jessie's mom explained how important it is to do what we say we are going to do for our friends.)

4.	"Chubbleton is our special friend this season, and when it is your turn to take care of him, you need to
	promise that you will carry him to each event and then not touch him again until the event is over.
	, will you take care of Chubbleton today?"

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-3 from the above section.
- 2. "Have you ever made a promise that you didn't feel like keeping when the time came to do it?"
 - a. Did you ever borrow a toy from a friend, and then not feel like giving it back?
 - b. Did you ever tell your mom you would clean your room, and then not feel like cleaning it?
 - c. Did you ever promise to sit next to a friend, but then feel like sitting next to someone else?
- 3. "Does God ever break His promises to us?" (No! God always keeps His promises to us, just like He kept His promises to Noah and to Abraham.)
- 4. Carry out step 4 from the above section.

Week 8 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 9: Nov 4-9 "I practice keeping my promises even if it is hard."

Declaration	Verse:
	Joshua 24:15
"How do you keep your promise?"	"As for me and my household,
"I do what I say I will do"	we will serve the Lord"

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. To save time for the game in step #2, do not pet Chubbleton or say the declaration and verse.
- 2. "Today we are going to practice keeping our promises, even if it is hard and we don't feel like it! I am going to ask you if you will do something. If you are ready to do it, you need to say 'I will', and then keep your promise even when it gets hard!"
 - a. Ask first child by name "____, will you do 8 frog jumps before you hold Chubbleton?"
 - b. Direct the child to say "I will", and then have them do 8 frog jumps.
 - c. Say "Thank you for keeping your promise!" and then let them hold Chubbleton until it is someone else's turn to hold him!
 - d. Example directions:

i.		_, will you balance on one foot for 10 seconds before you hold Chubbleton?"
ii.	"	_, will you do a bridge with your head off the floor for 5 seconds before you…?
iii.	"	_, will you do 5 push-ups before you hold Chubbleton?"
iv.	"	_, will you hop on one foot 6 times before you hold Chubbleton?"
V.	u	_, will you give one friend a high five before you hold Chubbleton?"

3. Review how you want Chubbleton taken care of during class, choose a child, and ask if they will do it.

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-2 from the above section.
- 2. "The Bible tells us about a man named David who had a special friend named Jonathan. David promised his friend that if anything ever happened to him, David would be sure to take care of Jonathan's children. One day, a very long time after David made this promise and after Jonathan had died, David found out that Jonathan had a son named Mephibosheth that was still living. Mephibosheth was a boy that could not walk, because his legs had been injured when he was little. Many people did not feel like helping him, but David remembered His promise to Jonathan and brought Mephibosheth into his home and took care of him. David was a good example of a friend who kept his promises and showed God's love to Mephibosheth. God wants us to show people His love by always keeping our promises, too!"
- 3. Carry out step 3 from the above section.

Week 9 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 10: Nov 11-16 "Stella learns about Joshua's promise."

Declaration	Verse:
	Joshua 24:15
"How do you keep your promise?"	"As for me and my household,
"I do what I say I will do"	we will serve the Lord"

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Tell students that when Chubbleton sits in their lap, it is their turn to say the verse on their own!
- 2. Take turns placing Chubbleton in each child's lap and let them try to say the verse by themselves.
- 3. "We are going to listen to a story today about how Stella makes a promise to God!" (*Listen to "Stella Makes a Promise to God", and show kids the pictures that go with the story as it plays.*)
- 4. Review how you want Chubbleton taken care of during class, choose a child, and ask if they will do it.

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-3 from the above section.
- 2. "Who did Stella learn about in Sunday School?" (Stella learned about Joshua, who helped lots of people to make a promise to serve the Lord.)
- 3. Our memory verse this season comes from the bible, and it is a special promise that this man named Joshua made. Joshua promised that he and his household everyone in his family would serve the Lord. What does it mean to 'serve the Lord?' (Serving the Lord means listening to what God says and doing what He wants us to!)
- 4. Serving God is the best choice you can make, because God loves you very much and He only asks you to do things that are good and right.
- 5. Carry out step 4 from the above section.

Week 10 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 11: Nov 18-23 "I think about promises that will make God happy."

Declaration	Verse:	
	Joshua 24:15	
"How do you keep your promise?"	"As for me and my household,	
"I do what I say I will do"	we will serve the Lord"	

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Bring students to character training area and let everyone say hello to "Chubbleton" and pet him.
- 2. Practice the declaration and verse with sign language.
- 3. "What happened last week in our story about Stella at her Sunday School class?" (Stella learned about Joshua from the bible, and how Joshua made a promise that he and everyone in his house would serve the Lord.)
- 4. "What are some things you can do to serve God, that will make him happy?"
 - a. Obey your parents
 - b. Share your toys with a friend
 - c. Keep your promises to other people
 - d. Be kind and gentle to your brother or sister
 - e. Smile at someone and tell them that God loves them!
- 5. Review how you want Chubbleton taken care of during class, choose a child, and ask if they will do it.

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-3 from the above section.
- 2. "Why did Joshua put a giant rock by a tree when he made his promise to God?" (Joshua set the rock there so that it would remind him whenever he saw it of the promise he made to God!)
- 3. Just like Joshua used a rock to remind him of his promise to serve God, we have used Chubbleton this season to remind us of how important it is to remember and keep our promises!
- 4. Carry out steps 4-5 from the above section.

Week 11 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:

Week 12: Nov 25-Dec 2 "I make a promise about how I will serve the Lord"

(Closed Nov 27-30; Mon-Tues get two Week 12 lessons)

Verse:
Joshua 24:15
"As for me and my household,
we will serve the Lord"

5 Minute Character Training Lesson: (Tots, Minilights, and Dynamites)

- 1. Practice the declaration and verse with sign language.
- 2. "Today is our last day with Chubbleton! We are going to pass him around the circle. When you hold Chubbleton, you can make a special promise about how you want to serve the Lord by doing something that you know will make Him happy!"
- 3. Pass Chubbleton around the circle, and help each child make a special promise. Here are some helps:
 - a. "I promise to serve the Lord by listening to my mom and dad."
 - b. "I promise to serve the Lord by picking up my toys at home today."
 - c. "I promise to serve the Lord by letting someone else go first in line during class today."
 - d. "I promise to serve the Lord by giving my brother or sister a hug today."
 - e. "I promise to serve the Lord by telling my friend that God loves them."
 - f. "I promise to serve the Lord by working hard and taking lots of turns on my stations today."
- 4. Review how you want Chubbleton taken care of during class, choose a child, and ask if they will do it.

10 Minute Character Training Lesson: (Spots, Exploders, Highlights, and other young groups)

- 1. Carry out steps 1-3 from the above section.
- 2. "Remember what is a promise?" (A promise is when I say I will do something, and I really mean it.)
- 3. "Why do you think it is so important for us to keep our promises?" (Because God always keeps His promises, and when we keep our promises we are being a good example of Him and showing His love to others!)
- 4. Carry out step 4 from the above section.

Week 12 Chubbleton Log:

Class #1 (Day/Time:)	Class #2 (Day/Time:)	Class #3 (Day/Time:)	Class #4 (Day/Time:)
Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver:	Chubbleton's caregiver: